



ASQ Certificate in Coaching Golf (Sessional Coach) Qualification Specification

Associated Sport Qualifications
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About Us

Associated Sports Qualifications (ASQ) is an Ofqual, Qualification Wales, and Scottish Qualifications Authority (SQA Accreditation) approved awarding organisation providing a qualification awarding service to National Governing Bodies of sport or recognised Lead Bodies within the sport and leisure industry. We are based on the site of The Belfry Hotel, near Sutton Coldfield, at the home of the Professional Golfers' Association National Training Academy.

An Independent Limited Liability Partnership, ASQ provides a high-quality awarding service for qualifications within the sport and leisure industry working with key industry partners. Our current member partners are [The Professional Golfers' Association](#) (The PGA).

Approved by the above regulators we are committed to ensuring high standard, cost effective quality assurance on behalf of our partners, customers and learners.

ASQ's Vision:

A highly qualified Sports & Leisure Workforce able to meet the needs of its customers and participants.

ASQ's Mission:

To provide Governing Bodies (GB) for sport, Lead Bodies (LB) for sport and sport-related networks and organisations with qualifications and awards which are relevant and fit for purpose through a quality assured and cost-effective awarding service.

We aim to provide a service to sport 'National Governing Bodies' or sport 'Lead Bodies' and sport related networks and organisations that have:

- A strong desire to influence the content and quality of qualifications within their own sport to ensure that they are fit for purpose.
- A desire and capability to provide the necessary expertise to facilitate the development, implementation, and ongoing monitoring of the qualifications.
- The capacity to deliver and assess the qualifications to the required ASQ and regulatory standards.

This qualification is accredited by SQA Accreditation from

Qualification accreditation number

Version: 1.1 August 2025

ASQ Certificate in Golf Coaching (Sessional Coach) qualification

This qualification, ASQ Certificate in Coaching Golf (Sessional Coach) is an occupational related qualification which focuses on those wishing to deliver focused golf coaching sessions using effective coaching behaviours and purposeful activities to support participant development and engagement. The qualification provides candidates with an opportunity to study and be assessed in both the practical and theoretical aspects of a Sessional Golf coach.

A Sessional Coach typically work autonomously, therefore is primarily responsible for planning, delivering, reviewing, and evaluating engaging and focused coaching sessions for both new and existing golfers of all ages and abilities. While the role is typically based at a golf club or facility, it may also extend to community settings, schools, or outreach environments as needed.

As a result of successfully attaining the qualification, candidates will understand the role of the Sessional Coach and will have developed the skills and knowledge to design, deliver and adapt focused golf coaching sessions to meet the participants needs, while continuously reflecting on and improving their practice.

The qualification has been developed in partnership with The Professional Golfers' Association (PGA), Sports structures and ASQ. The qualification has been based on the current CIMPSA coach standards.

Title	ASQ Certificate in Coaching Golf (Sessional Coach)
Qualification Overview	This qualification, ASQ Certificate in Coaching golf (Sessional Coach) equips candidates with the skills and knowledge to design, deliver and adapt golf coaching sessions to meeting participants needs.
Prerequisites	Candidates must be at least 18 years of age on registration for the qualification. Have a commitment to attend the workshops and assessment day (day 2 workshop to be held during residential week). Be actively coaching approximately 2 hours per week. Must have successfully completed year 2 of The PGA Foundation degree before commencing the ASQ certificate in coaching golf (sessional coach). Be able to undertake this assessment in English. *Approved Delivery Centres to ensure all candidates meet entry criteria.

Qualification regulation/accreditation number	
Qualification regulation/accreditation code	N/A
Guided Learning Hours	27
TQT	130
Operational start date	TBC if regulated
Review date	TBC if regulated
Learner registration period	It is expected that candidates will complete all aspects of the assessment for the qualification and apply for certification within the 2-year registration period. Candidates who are unable to complete their assessment within this period may apply, via their approved delivery centre to extend their registration for extenuating circumstances. The agreement will be subject to approval by ASQ and the PGA and based on individual circumstances. Candidates are required to source a player for the assessment day who must be able to play golf to a standard whereby they will, on a regular basis, score somewhere between 80 and 100 (on a par 72 course). They will require their own clubs, golf shoes and other suitable clothing and equipment on the day').
Qualification objective	This qualification qualifies learners to become a golf sessional coach
Qualification purpose	Prepare for employment in a specific occupational area.
Registration remit	This qualification specification is for candidate registrations within Scotland. A separate qualification specification exists for registrations in England, and Wales. Candidates must provide identification for registration purposes.
RPL	N/A

Qualification Progression The skills and knowledge developed within this qualification will allow candidates to progress to the next stages of their foundation degree. The sessional coaching qualification must be obtained to allow candidates to progress their development onto the PGA full membership journey.

Grading Methods This qualification will be graded Competent/Not yet Competent (pass/fail)

Assessment Methods

The assessment methods used in this qualification are: - Short answer assessment (various question types such as MCQ, drop down selection and true and false answers) a practical demonstration and explanation of a golf shot and a 30-minute coaching assessment followed

by professional discussion. Mandatory assessment forms to be completed and assessed include risk assessment, player profile, and Explanation and Demonstration assessment form (see assessment strategy for further details).

Qualification Structure

Candidates must successfully complete all mandatory units to achieve this qualification.

Mandatory units

Unit 1 Title	Roles and Responsibilities of a sessional coach
Unit Aim	To equip candidates with the skills and knowledge of the sessional coach role and responsibilities.
Unit Assessment methods	Module online short answer assessment and practical assessment

Unit 2 Title	Creating a positive coaching environment
Unit Aim	To equip candidates with the skills and knowledge of how to create inclusive and safe learning environment to support player engagement and development.
Unit Assessment methods	Module online short answer assessment and practical assessment

Unit 3 Title	The coaching session; planning, delivery and review
Unit Aim	Equip candidates with the skills and knowledge to plan, prepare and review structured purposeful coaching sessions, adapting to player needs.
Unit Assessment methods	Module online short quiz and practical assessment

Unit 4 Title	Analysing performance in preparation for tailored feedback
Unit Aim	Understand and apply performance analysis and effective feedback to improve player performance
Unit Assessment methods	Module online short quiz and practical assessment/professional discussion at the end of the assessment day.

Unit 5 Title	Technical and tactical requirements
Unit Aim	Equip candidates with the knowledge skills and understanding of impact factors and ball flight effects to develop a player's performance.
Unit Assessment methods	Presentations, explanation and demonstration practical assessment/ professional discussion at the end of the assessment day.

Optional Units

This qualification is delivered holistically; there are no optional units in this qualification.

Limits of responsibility

Approved Delivery Centres must ensure that candidates understand that they may need additional training, qualifications and support if coaching in specific sporting environments such as schools and

communities or circumstances that challenge the experience of the candidate, for example when working with players with a disability.

Guidance for candidates with particular needs – reasonable adjustments

ASQ endeavours to ensure that the assessment requirements and methods used within its qualifications are sufficiently flexible to enable the widest range of learners to achieve the qualification fairly and reliably. Learners who have a specific learning need should be referred to the *Guidance for Candidates with Particular Assessment Needs*- ASQ Reasonable adjustment policy.

ASQ ensures that any specific arrangements made by *Centres* to accommodate learners' needs are valid and reliable and fair to other learners' requirements of the qualification. *Centres* need to ensure that learners are not given an unfair advantage or that other learners are disadvantaged by any adjustment to assessments to accommodate learners' specific needs.

Centres should refer to their 'ASQ Approved Centre Handbook', which contains the processes that centres should refer to when delivering the ASQ Coaching in Golf qualifications.

NB. If a candidate fails to disclose a particular need prior to undertaking the assessment modules of the qualification that subsequently is shown to have directly contributed to their failure to achieve required competencies the candidate will be eligible for two further assessment attempts to achieve the required standard.

Certification

When learners have successfully achieved all the elements of the qualification and all evidence has been checked and quality assured, Approved Delivery *Centres* can contact ASQ for certification submitting the form H15 Certificate request form (or equivalent) where direct claims status exist.

External verification of assessment will be conducted by ASQ to ensure claims for certificate are valid.

Additional Qualification requirements.

The recognised centre is required to have one or more delivery sites with facilities to support the programme of training as stated below.

Theory sessions	Practical sessions
Conference room and break out rooms appropriate to the size of group	Putting Green
Flip Chart, Pens, Post-its	Practice Bunker
Projector	Practice Ground (i.e. Driving Range)
All delivery sites must include the following:	Chipping Green

Car parking and toilets	Selection of clubs (left and right-handed)
	Sufficient supply of balls

In exceptional circumstances (for example, geographical location, extreme weather conditions or where there are accessibility issues), a Centre may use adaptive equipment (e.g Tri-golf, or SNAG including plastic clubs and soft balls to support the continued delivery of the qualification.

Candidates are responsible for ensuring themselves and any participants they are to coach are equipped for the assessment having the appropriate clothing and safety equipment (where relevant) for the

Workforce requirements.

Recommended ratio for the delivery of workshops and assessment.

Workshops, Max 1 tutor: 10 candidates
Assessment day 1 tutor: 5 candidates.
Minimum 1 tutor: 3 candidates
For 10+ learners it is recommended to have two tutors present to aid facilitation.
Virtual learning classrooms: No minimum or maximum capacity.

Providing coaching to golfers, at whatever level, is a responsible role. There are high expectations in relation to coach and player conduct, and that behaviour must be understood and supported by every learner (trainee coach) undertaking this qualification.

The qualification is designed to be delivered holistically via a mix of face-to-face training, virtual classroom and development tasks and can be complemented by structured online learning. The ASQ Certificate in Coaching Golf (Sessional Coach) includes appropriate emphasis on the practical aspects of the coaching role combined with the theoretical and technical knowledge and understanding of coaching and the sport.

The learning programme for this qualification should include the following key aspects:

- **Initial assessment** – of the learner, to recognise any prior learning / experience relevant to the qualification; and, to identify any learning support needs.
- **Induction** – to ensure learners understand the requirements of the qualification, how the qualification will be managed by the centre and what the expectations and aspirations are of them.
- **Training opportunities** – face-to-face, virtual classroom and online training opportunities delivered by appropriately skilled and qualified tutors.
- **Practice opportunities** – where candidates can put into practice aspects of the training either in a formative manner during learning workshops or within a 'real' coaching situation at their location of work and during the assessment day.
- **Learner development opportunities** – support and guidance from centres to assist candidates in their development of the appropriate knowledge and understanding for the qualification.
- **Assessment opportunities** – formal opportunities for learners to evidence the requirements of the qualification followed by professional discussion.

Summary

Attainment of the qualification is through:

Completion of all the outcomes and assessment criteria in the qualification and assessment strategy to include.

- The assessment of one 30-minute practical coaching session assessment followed by professional discussion at the end of the assessment day.
- A 15-minute explanation and demonstration task.
- Completed assessment forms/audio alternative such as player profile (includes a session plan) and risk assessment for the coaching session, and self-reflection/evaluation form.
- The achievement of 80% or more for each of the 6 open book online short answer assessments (various question types such as MCQ, drop down selection and true and false answers)

This learning programme consists of eLearning, virtual learning classrooms, presentation (explanation and demonstration) and coaching sessions.

Whilst candidates deliver the sessions during assessment days, there may be occasions where video submissions will be permitted. This may be the case for overseas trainees unable to travel for cost/visa reasons, reasonable adjustments and extenuating circumstances agreed by The PGA and ASQ.

Equally where the completion of written forms of assessment (such as self-evaluation and player profiles) will prohibit a candidate from completing the assessment, audio versions meeting the same requirements of the written forms may be submitted (with former prior agreement from The PGA and ASQ)

Candidates may use technical equipment to aid their delivery of explanation and demonstrations however these must be sourced, set up and checked by the candidate themselves prior to starting the assessment. No additional marks will be granted for the use of such equipment as the qualification is not graded, candidates will receive a competent/not yet competent result only.